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2018 Census Population estimate for Iowa, Polk County and (20) Cities that are within Polk County. Cities that are partly in Polk County have a separate population for the portion within Polk and a total population.

| Geographic Area | Polk County, Iowa Municipal Population | | | | | | | | | | |
|----------------------------|--|--------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-------------|
| | 2020 Census | Jul-19 | Jul-18 | Jul-17 | Jul-16 | Jul-15 | Jul-14 | Jul-13 | Jul-12 | Jul-11 | 2010 Census |
| Iowa | | | 3,156,145 | 3,143,637 | 3,131,785 | 3,121,460 | 3,109,504 | 3,093,078 | 3,076,097 | 3,066,054 | 3,046,355 |
| Polk County | | | 487,204 | 481,086 | 474,579 | 467,526 | 460,977 | 452,687 | 444,676 | 438,721 | 430,640 |
| Alleman | | | 457 | 457 | 459 | 454 | 448 | 451 | 446 | 440 | 432 |
| Altoona | | | 18,844 | 18,681 | 18,079 | 17,554 | 16,573 | 16,034 | 15,726 | 15,002 | 14,541 |
| Ankeny | | | 65,284 | 62,389 | 58,621 | 56,109 | 53,299 | 50,783 | 48,365 | 47,048 | 45,582 |
| Bondurant | | | 6,646 | 6,175 | 5,793 | 5,401 | 5,095 | 4,799 | 4,344 | 4,154 | 3,860 |
| Carlisle Total | | | 4,282 | 4,237 | 4,212 | 4,157 | 4,097 | 3,974 | 3,945 | 3,915 | 3,876 |
| Carlisle in Polk | | | 96 | 98 | 96 | 96 | 95 | 93 | 89 | 88 | 87 |
| Carlisle in Warren | | | 4,186 | 4,139 | 4,116 | 4,061 | 4,002 | 3,881 | 3,856 | 3,827 | 3,789 |
| Clive Total | | | 17,097 | 17,154 | 17,276 | 17,227 | 17,199 | 16,765 | 16,381 | 15,941 | 15,447 |
| Clive in Polk | | | 11,680 | 11,732 | 11,854 | 11,863 | 11,732 | 11,397 | 11,132 | 11,009 | 10,730 |
| Clive in Dallas | | | 5,417 | 5,422 | 5,422 | 5,364 | 5,467 | 5,368 | 5,249 | 4,932 | 4,717 |
| Des Moines Total | | | 216,853 | 217,006 | 216,487 | 215,372 | 214,390 | 212,035 | 210,230 | 207,870 | 203,433 |
| Des Moines in Polk | | | 216,624 | 216,780 | 216,263 | 215,152 | 214,174 | 211,818 | 210,016 | 207,656 | 203,419 |
| Des Moines in Warren | | | 229 | 226 | 224 | 220 | 216 | 217 | 214 | 214 | 14 |
| Elkhart | | | 852 | 806 | 793 | 767 | 738 | 715 | 702 | 687 | 683 |
| Granger Total | | | 1,420 | 1,399 | 1,395 | 1,382 | 1,415 | 1,377 | 1,352 | 1,329 | 1,244 |
| Granger in Polk | | | 255 | 252 | 248 | 246 | 241 | 234 | 230 | 224 | 212 |
| Granger in Dallas | | | 1,165 | 1,147 | 1,147 | 1,136 | 1,174 | 1,143 | 1,122 | 1,105 | 1,032 |
| Grimes Total | | | 13,562 | 12,734 | 11,914 | 11,293 | 10,194 | 9,621 | 9,204 | 8,836 | 8,246 |
| Grimes in Polk | | | 13,544 | 12,718 | 11,900 | 11,281 | 10,182 | 9,609 | 9,190 | 8,825 | 8,232 |
| Grimes in Dallas | | | 18 | 16 | 14 | 12 | 12 | 12 | 14 | 11 | 14 |
| Johnston | | | 22,040 | 21,558 | 21,102 | 19,699 | 19,492 | 19,052 | 18,217 | 17,774 | 17,278 |
| Mitchellville Total | | | 2,303 | 2,317 | 2,318 | 2,427 | 2,340 | 2,260 | 2,284 | 2,239 | 2,254 |
| Mitchellville in Polk | | | 2,277 | 2,291 | 2,292 | 2,401 | 2,314 | 2,234 | 2,258 | 2,213 | 2,228 |
| Mitchellville in Jasper | | | 26 | 26 | 26 | 26 | 26 | 26 | 26 | 26 | 26 |
| Norwalk Total | | | 11,517 | 10,896 | 10,496 | 10,074 | 9,825 | 9,600 | 9,423 | 9,278 | 8,945 |
| Norwalk in Polk | | | - | - | - | - | - | - | - | - | - |
| Norwalk in Warren | | | 11,517 | 10,898 | 10,505 | 10,082 | 9,833 | 9,609 | 9,433 | 9,288 | 8,945 |
| Pleasant Hill | | | 10,064 | 9,853 | 9,850 | 9,579 | 9,410 | 9,307 | 9,174 | 9,003 | 8,785 |
| Polk City | | | 4,809 | 4,633 | 4,443 | 4,336 | 4,187 | 3,964 | 3,704 | 3,557 | 3,418 |
| Runnells | | | 513 | 522 | 522 | 523 | 520 | 520 | 519 | 514 | 507 |
| Sheldahl Total | | | 319 | 322 | 321 | 320 | 321 | 323 | 322 | 322 | 319 |
| Sheldahl in Polk | | | 138 | 139 | 139 | 137 | 136 | 138 | 137 | 136 | 134 |
| Sheldahl in Story | | | 153 | 154 | 153 | 154 | 156 | 156 | 156 | 157 | 156 |
| Sheldahl in Boone | | | 28 | 29 | 29 | 29 | 29 | 29 | 29 | 29 | 29 |
| Urbandale Total | | | 43,949 | 43,586 | 43,022 | 42,320 | 41,524 | 40,663 | 40,202 | 39,755 | 39,463 |
| Urbandale in Polk | | | 33,411 | 33,110 | 33,103 | 33,064 | 33,168 | 33,318 | 33,052 | 33,197 | 33,126 |
| Urbandale in Dallas | | | 10,538 | 10,476 | 9,919 | 9,256 | 8,356 | 7,345 | 7,150 | 6,558 | 6,337 |
| West Des Moines Total | | | 66,641 | 65,562 | 64,573 | 63,489 | 61,802 | 59,708 | 58,128 | 57,561 | 56,609 |
| West Des Moines in Polk | | | 46,068 | 45,222 | 45,189 | 45,204 | 45,923 | 45,110 | 44,616 | 44,880 | 44,999 |
| West Des Moines in Dallas | | | 20,492 | 20,259 | 19,321 | 18,254 | 15,857 | 14,571 | 13,483 | 12,647 | 11,569 |
| West Des Moines in Warren | | | 80 | 80 | 62 | 30 | 21 | 26 | 28 | 33 | 41 |
| West Des Moines in Madison | | | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | X |
| Windsor Heights | | | 4,898 | 4,972 | 5,034 | 5,054 | 5,032 | 5,032 | 5,001 | 4,952 | 4,860 |
| Balance of Polk County | | | 28,704 | 28,698 | 28,799 | 28,606 | 28,218 | 28,079 | 27,758 | 27,362 | 27,527 |

[Source US Census](#)

December 2018 update: State - July 1, 2018 estimate
 April 2019 update: County July 1, 2018 estimate
 June 2019 update: Cities July 1, 2018 estimate